

BOY	BALLROOM / SMOOTH / LATIN / RHYTHM Juvenile all levels - Junior Beginners to Bronze	
	DO	DON`T
SHIRT	Plain white shirt with long sleeves, with black tie or bow tie.	White or black turtleneck is not permitted. No wing collars or shinny materials. Rhinestones, glitter, metallic thread, patterns or sequins not permitted.
PANTS	Black trousers (pants); normal or high waist black trousers (pants). Plain black belt is permitted. Underfoot strap optional. Black satin only permitted in stripe and waist bands.	Jeans and leather pants not permitted. Velvet/Velour not permitted.
FOOTWEAR	Shoes must be black and heel height not to exceed 3.5 cms.	
MAKE-UP		Make-up not permitted.
HAIR	Long hair must be worn in a ponytail.	

GIRL	BALLROOM / SMOOTH / LATIN / RHYTHM Juvenile all levels - Junior Beginners to Bronze	
	DO	DON`T
DRESS - GENERAL	Simple dress; Leotard with skirt or wrap-around skirt. The whole dress must be made of fabrics of one constant color throughout. Sleeves can be long, short, elbow length, cap, puffed. Sleeveless style also allowed. (No metallic fabrics)	Slash-neck leotard or dress with one sleeve; Leotard or dress with shoe string straps or straps of any description; Pants, jeans, shorts are not permitted
DRESS - SKIRT	Plain or pleated skirt permitted. Length between knee and mid-calf, uniform length. One plain underskirt allowed which is no larger or longer than top layer, and is the same or similar color of the outer skirt.	Openings in the skirt; Feathered trim, Fringe, Fringe trim, Frill; Skirt made up of strips; Split up front not permitted.
DRESS - OPENINGS		Bare midriffs; Cut-out bodices front or back not permitted.
DRESS - DECORATION		Sequins, Diamantes, Rhinestones, Feathers, Metallic fabrics or thread, Fringe, Lace, Bow, Frill, Fluorescent paint, or any other similar decoration or trimming not allowed.
DRESS - BODICE	Any use of mesh, lace, or any other see-through fabric must be lined from the waist to the top of the bust line, as well as a corresponding height in the back. When those fabrics are used on the arm no lining is needed.	Body stocking and Skin tone material not permitted.
UNDERWEAR	Buttocks of the female partner must be covered all the time.	Tangas not permitted.
FOOTWEAR	JUVENILE ONLY: Must wear ankle level white socks (may have a small amount of lace); Shoe with block heel only with a maximum height of 3.5 cms.	Fishnet tights not permitted.
HAIR, MAKE-UP AND JEWELRY	Must be appropriate to the child's age and style. Earrings are to be kept simple and small.	Arm bands, chokers, gloves or headbands; Decoration on dress; Fake eyelashes; Fake fingernails; Colored or glitter hair spray; Hair piece and hair extension; Glitter lipstick; Any form of body make-up not permitted.
HAIR DECORATION	Small flowers or bows only permitted in the hair. Maximum 8 cms.	Glitter, Rhinestones or any other decorations not permitted.

